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### (54) Radiation therapy method and device more particularly suitable for implantation

(57) An implantable medical device is used to deliver a dosage of radiation to a localized site within a patient. The device is coated with a chelator selected for its bonding affinity with a specific radioisotope. A base

layer and optionally a spacer layer is first applied to the device to provide a proper foundation for the chelator. Just prior to implantation, the device is immersed in a solution of the radioisotope which enables a preselected amount of such radioisotope to be adsorbed.

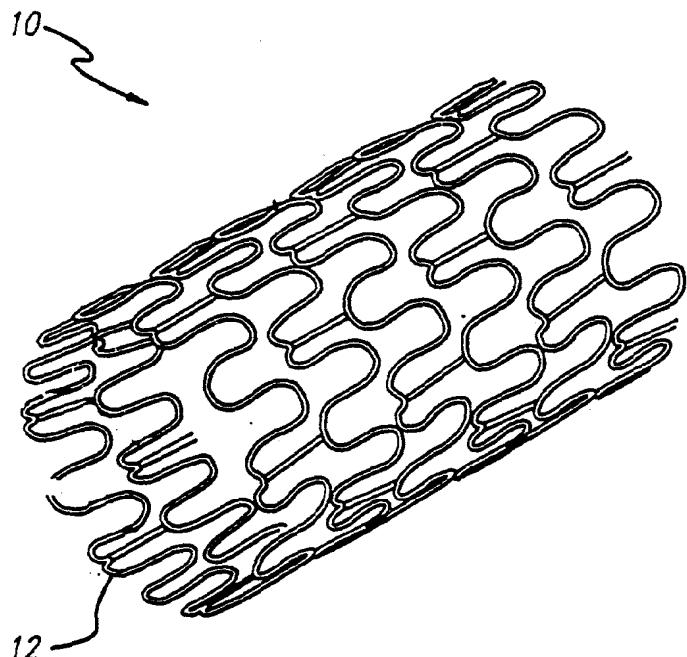


FIG. 1

**Description**BACKGROUND OF THE INVENTION

The present invention generally relates to the use of radiation therapy to treat a condition such as restenosis and, more particularly, pertains to the use of an implantable device to deliver a dose of radiation.

A variety of conditions have been found to be amenable to treatment by the local irradiation of tissue. In order to appropriately limit the amount of tissue that is irradiated, it sometimes is necessary to implant a small source of radiation and, in order to expose the tissue to a sufficient dosage of radiation, it has been found advantageous to implant such device for an extended period of time.

Percutaneous transluminal coronary angioplasty (PTCA) is an established treatment for coronary artery disease. The procedure involves inserting a balloon catheter through the vasculature to a position where atherosclerotic plaque has collected on the vessel wall. The plaque is compressed against the vessel wall by inflating the balloon located at the distal end of the catheter in order to increase the diameter of the vessel and thereby reduce the restriction to blood flow. After sufficient expansion has been achieved, the balloon is deflated and removed, and the area of disruption begins to heal.

While this procedure is very widely used, one problem associated with PTCA is a condition known as restenosis. Restenosis is the development of further blockage in the intravascular structure, following an otherwise successful angioplasty procedure. Restenosis is believed to be an exaggerated form of the normal healing process of the stretched tissue. Restenosis is thought to be caused by fibrointimal proliferation of the stretched wall in which the injured cells lining the vascular structure multiply and form fibrous tissue. Such growth at the vascular wall is an almost malignant phenomenon in which normal cells multiply at a high rate, thereby creating a new obstruction to flow through the vascular structure. It occurs in the range of approximately 15-50 percent of the PTCA cases and typically presents within the first six months following PTCA. Stents have been implanted in expanded vessels in an effort to maintain patency but do not appear to have much of an effect on the restenosis rate. In the event a stent has been implanted, the growth tends to occur around its ends and through any openings in its walls.

Localized irradiation of the vessel from within the vessel has been found to be effective in reducing the incidence of restenosis. To date, such radiation has been delivered via a number of different vehicles, including by guide wire, balloon, temporarily implantable wire or permanently-implantable stent. The delivery device either is partially or wholly formed of radioactive material or alternatively, is coated with a radioactive substance. Material giving off high levels of radiation may be intro-

duced briefly into the body and then removed. Alternatively, material giving off a relatively lower level of radiation and with an appropriately short half-life may be introduced temporarily or, in some instances, left in place.

5 A number of shortcomings or disadvantages are associated with the prior art devices and techniques. With respect to temporarily implanted devices, implantation time is limited and therefore the radiation dose necessarily must be very high. At such high dosage rates, local 10 radiation burns may be caused on one side of the vessel while the opposite side may receive a suboptimum dose. Moreover, due to the tendency of restenosis to occur throughout a six month period, repeated irradiation procedures would be necessary in order to adequately address the vagaries of onset.

15 In the case of permanently implanted devices, a compromise be made between the shelf life of the device and its in vivo efficacious lifetime. If materials with short half-lives are used, in order to reduce the long term 20 exposure of the patient to radiation, then the shelf life of the device necessarily must be short and therefore is undesirable. If, on the other hand, an isotope is used which will permit a substantial shelf life, i.e., an isotope having a long half-life, then the exposure of the patient 25 to radiation will be long term and may be excessive. Moreover, in view of the fact that the development of restenosis typically occurs within the first six months, it has been recognized that it is desirable to limit irradiation to such a time frame. Of course, attempting to substantially 30 restrict the release of radiation from a permanently implantable device to such a limited period of time imposes further constraints on the shelf life of the device.

35 Another disadvantage inherent in the heretofore known delivery devices is related to the need to adequately protect from exposure to unreasonable radiation dosages all who handle the device, including the manufacturing, stocking, and shipping personnel, catheter laboratory personnel, and physicians. This requires the 40 use of large and cumbersome containers that further complicate handling and disposal concerns. Some of the radioisotopes being considered in the industry require ion implantation into the device or transmutation of the metal in the device. The complexity of such processes greatly increases the cost of the devices.

45 A new approach is necessary that would overcome the shortcomings of the prior art. It would be desirable to provide a system by which a very predictable dosage of radiation can be delivered via a permanently implantable device. Moreover, it would be most desirable for such device to be producible at minimal cost, to have a substantial shelf life and present a minimal risk of exposure to radiation.

55 SUMMARY OF THE INVENTION

The present invention seeks to overcome the shortcomings of the techniques and devices heretofore em-

ployed to deliver a dose of radiation to a vascular site. A method is provided for precisely controlling the dosage that is delivered to the patient, while concerns relating to shelf-life of the device are obviated. Moreover, the hazards with respect to the handling of radioactive devices are substantially mitigated. Additionally, embodiments of the invention provide a method for quickly and easily rendering an implantable device radioactive. More particularly, an implantable device is prepared so as to readily adsorb a preselected amount of radioactive material and to form a sufficiently strong bond therewith so as to substantially minimize any subsequent loss thereof upon contact with bodily fluids. Embodiments of the invention further provide a stent or other implantable device which facilitates the practice of such method.

These advantages generally are achieved by maintaining separate the implantable hardware and the radioactive material until just prior to implantation. By loading a precisely known quantity of material with a known half-life onto the device and immediately proceeding with the implantation procedure, a very precise dose of radiation can be delivered to the patient over a desired period of time.

Particular embodiments of present invention provide a stent that facilitates the adsorption of a predictable amount of radioactive material thereon in the surgery room. More particularly, a stent is provided that is coated with a chelating agent. A base material and, optionally, a spacer material first is coated onto the device, after which the chelator is applied. This approach obviates any shelf life concerns related to the stent itself and obviates the need for special handling of the stent prior to loading. The base material is selected to both form a strong bond with the surface of the stent as well as with the spacer or chelator applied thereover. The spacer is selected to form a strong bond with the underlying base layer as well as with the chelator and serves to impart a degree of mobility to the chelator or to increase the number of active sites. Finally, the chelator is selected to form a strong bond with the base layer or spacer layer therebelow and of course ultimately adsorb the radioactive isotope. Such combinations of coatings are fairly tenacious, are substantially unaffected by the disinfection processes the stent is normally subjected to and have no effect on the shelf life of the stent.

Just prior to implantation, the chelator-coated device is immersed in a solution containing the appropriate radioactive material to adsorb the radioisotope. The chelator-isotope combination can be chosen such that the loading is quantitative with virtually no subsequent release of the radioactive material from the implanted stent. Knowing the activity of the material along with the half-life of the radioisotope renders precisely calculable the total dosage of radiation that will be delivered. Precautions relating to the radiation must only be taken when handling the vial containing the radioactive material and when handling the stent during and after the loading step.

These and other features and advantages of the present invention will become apparent from the following detailed description of preferred embodiments which, taken in conjunction with the accompanying drawing, illustrate by way of example the principles of the invention.

#### BRIEF DESCRIPTION OF THE DRAWINGS

10 FIGURE 1 is a perspective view of a typical stent having an open lattice structure and embodying features of the present invention.

15 FIG. 2 is a cross-section of one wire strut of the stent of FIG. 1 depicting the various layers attached to the stent.

#### DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS

20 Particular embodiments of the present invention provide a system for delivering a precise dose of radiation to a vascular site via an implantable device. The device for example may be used to prevent restenosis in a blood vessel that had been subjected to an angioplasty procedure.

25 One device embodying the present invention takes the form of a permanently implantable stent 10. The stent 10 initially is provided in a collapsed state and positioned about an inflatable balloon on the distal end of 30 a catheter. Upon maneuvering the balloon into place within the target blood vessel, the balloon is inflated, which causes the stent to radially expand. Any of various mechanisms well known in the art may be incorporated in the stent in order to lock the stent into its expanded state. Subsequent deflation of the balloon and extraction of the catheter leaves the expanded stent in place to maintain the patency of the blood vessel. Further details of expandable stents and a balloon catheter delivery system are found in U.S. Patent No. 5,569,295 35 which issued October 29, 1996 to Advanced Cardiovascular Systems, Inc. on an application filed May 3, 1995.

40 Such October 29, 1996 stent 10 may be prepared in accordance with an embodiment of the present invention to deliver a preselected dose of radiation. FIGS. 1 and 2 depict the stent 10. The exterior surface 12 of the stent 10 first is selectively coated with a base layer 14 that serves as a primer or foundation. The base material is selected for its ability to adhere or bond to the surface of the stent while providing a surface to which the next 45 layer readily bonds. An intermediate spacer layer 16 optionally is bonded to the base layer for the purpose of providing sufficient mobility to the chelating functionality that subsequently is applied thereto and/or to increase the number of active sites available to the chelating moiety thereby serving as a chemical amplifier. The chelator 18 is attached covalently to either the spacer material 50 16 or directly to the base layer 14. The chelator is selected to form a strong bond with the underlying material 55

and to have a strong affinity for the particular radioisotope to be used. The top layer is applied just prior to use and comprises the radioisotope that is adsorbed by the chelator. The radioisotope is selected based on the type of radiation it emits and its half-life.

The stent may be constructed of metal or a polymer. Stainless steel is the preferred material of construction.

The base layer may comprise gold or any organic coating that contains a nucleophile, or potential nucleophile. These sites potentially could be aliphatic, or benzylic carbons  $\alpha$  to an ester, ketone or nitrile. Alternatively, they could be alcohols, amines, ureas or thiols. Possible base layers include polyurethane, poly (ethylene-vinyl alcohols), poly (vinyl alcohols), most hydrogels and polyacrylates.

The spacer layer preferably is attached to the base layer by nucleophilic substitution due to the degree of control afforded by such reaction. Alternatively, radical grafting processes may be employed. Possible spacer materials include  $\alpha$ ,  $\omega$ - mercaptoalkylamines, diisocyanates, diacid chlorides, dialkylamines,  $\alpha$ ,  $\omega$ - hydroxyalkylamines, dihydroxyalkanes (PEO) and dimercaptoalkanes.

The chelator is selected to form a covalent bond with the underlying layer, *i.e.*, either the spacer or the base, and for a very high binding affinity for the radioisotope. Possible chelator functionalities include acetates (monocarboxylic acids), acetylacetone, benzoylacetone, citric acid, 1,2-diaminocyclohexane-N,N,N',N'-tetraacetic acid, ethylenediamine-N,N,N',N' -tetraacetic acid, and pyridine-2,6-dicarboxylic acid.

The radioisotope is selected based on the type of emission, its half-life and the strength of its bond to the chelator, which must be sufficient so as not to be displaced by ions present in the blood. The preferred isotope is a  $\beta$ -emitter, because  $\gamma$ -radiation penetrates too deeply into tissue and the energy of  $\alpha$ -particles is insufficient. The half-life of the radioisotope should be between 24 hours and 2 months, preferably between 2-18 days. The shorter the half-life, the more problematic becomes the shipping and storage of the radioactive material, while the longer the half-life, the more excessive becomes the delivered dosage in view of the biological process currently understood to be involved in the processes of restenosis.

The most preferred combination of materials is a stainless steel stent, a gold base layer,  $\alpha$ ,  $\omega$ -mercaptopalkylamine as a spacer, N<sup>1</sup>-(2-hydroxethyl) ethylenediamine - N,N,N<sup>1</sup> - triacetic acid as a chelator and Ir<sup>192</sup> as the radioisotope.

According to a preferred embodiment, the stent first is prepared by applying the base layer, then optionally the spacer layer and finally the chelator. The coated stent subsequently is sterilized and processed along with the stent and associated devices. The subsequent shelf life and handling constraints substantially are dictated by the base stent and catheter rather than by the coating.

The radioisotope, suspended in a solution contained in a vial, is handled separately according to the general methods with which hospitals are acquainted. Just prior to implantation, the stent is immersed in the

5 vial in order to allow the chelator to adsorb the radioisotope. The loaded stent subsequently is maneuvered into position within the patient and expanded to be permanently left in place. The radiation emitted by stent gradually diminishes as a function of its half-life but is sufficient during the critical six month time frame to preclude or at least minimize the chance of restenosis. Radiation subsequently continues to subside to insignificant levels obviating the need to remove the device.

10 While a particular form of the invention has been 15 illustrated and described, it also will be apparent to those skilled in the art that various modifications can be made without departing from the scope of the invention. More particularly, any type of implantable device may be prepared in accordance with the invention and the method 20 may be practiced to treat any type of condition that has been found to respond to the localized irradiation of tissue. Accordingly, it is not intended that the invention be limited except by the appended claims.

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## Claims

1. An intravascular medical device (10) for providing radiation treatment, comprising:  
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  - an implantable, component;  
a chelating coating (18) attached to a preselected (14 or 16) surface of said component, said chelating coating being selected to have a binding affinity for a preselected radioisotope.
2. The medical device of claim 1, wherein said implantable component comprises an expandable stent.
3. The medical device of claim 1, further comprising a base layer (14) attached to said preselected surface of said component and disposed below said chelating coating.  
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4. The medical device of claim 3, further comprising a spacer layer (16) bonded to said base layer and disposed below said chelating coating.
5. The medical device of claim 4, wherein said base layer comprises gold and said spacer layer comprises  $\alpha$ ,  $\omega$ -mercaptopalkylamine.  
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6. The medical device of claim 1, further comprising a radioactive isotope adsorbed by said chelating coating.  
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7. The medical device of claim 6, wherein said radio-

active isotope comprises a  $\beta$ -emitter.

8. The medical device of claim 7, wherein said  $\beta$ -emitter has a half-life of between 24 hours and 2 months.

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9. The medical device of claim 8, wherein said  $\beta$ -emitter has a half-life of between 2 and 18 days.

10. A method for delivering a preselected dosage of radiation to a desired site, comprising the steps of:

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providing a component having preselected sections thereof coated with chelator (18), said chelator being selected to have a bonding affinity for a preselected radioisotope;

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providing said radioisotope in solution; immersing said implantable component in said solution; and

immediately after said immersion step, delivering said component to said desired site.

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